



**PRE-DP 3-DAY  
IB SKILLS SUMMER COURSE**

# OVERVIEW

**DESIGNED BY LANCE KING** using insights gained from teaching learning and thinking skills to over 250,000 students in 38 countries over the last 25 years and taught by the best of the best – 40+ point dynamic ex-IBDP students now education professionals.

**EXHAUSTIVELY BETA-TESTED** with today's DP students and DP coordinators this blend of affective, cognitive and metacognitive ATL skills will give new DP students the agency, self-management and resilience they need to succeed at the highest academic level.

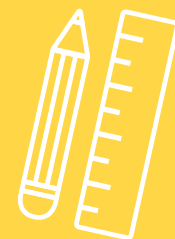
## STUDENTS LEAVE WITH:



A sense of agency and ownership over their studies



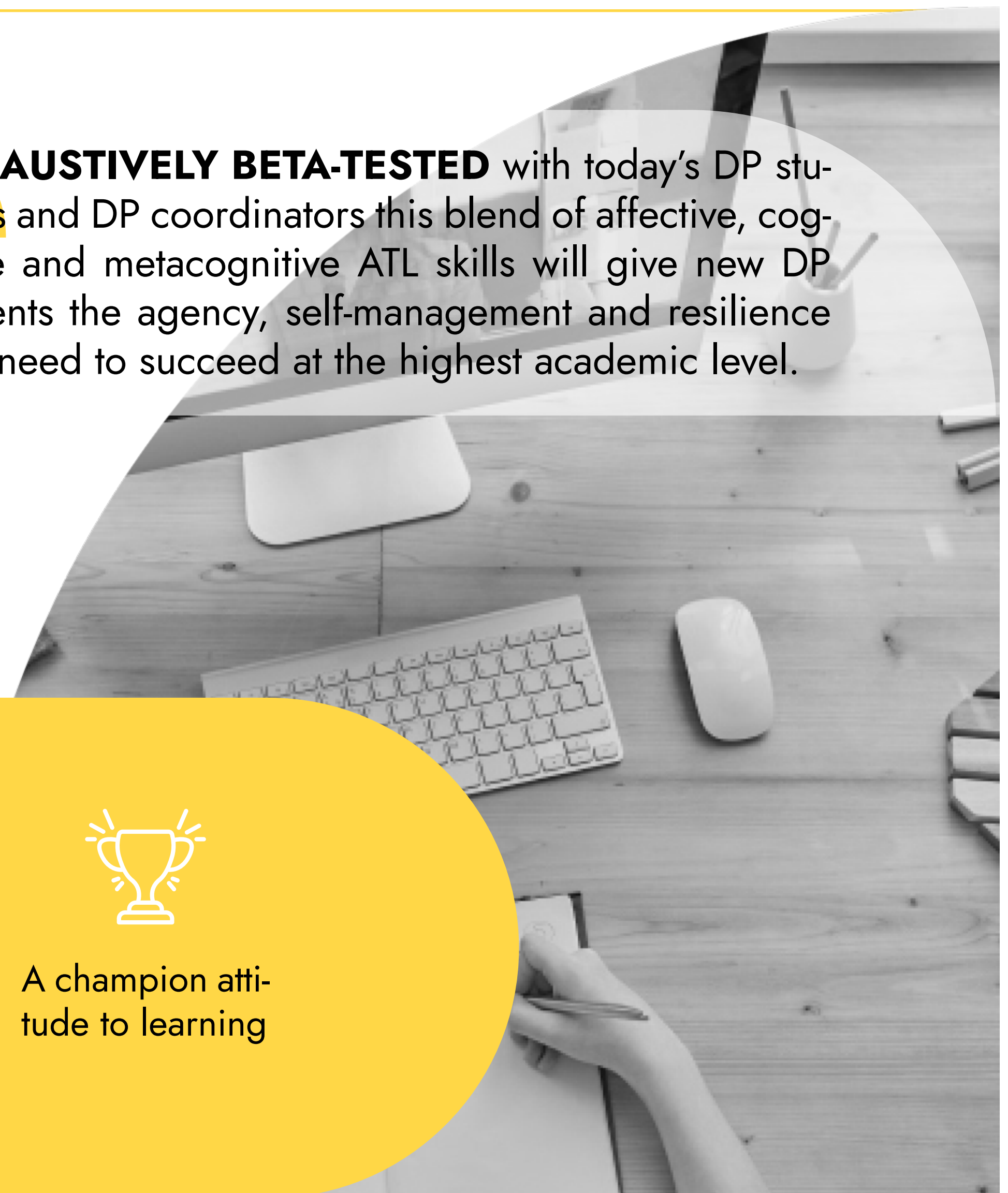
Tangible assets to continue roadmapping their success



Real, assessment-ready tools for IB success



A champion attitude to learning



# OVERVIEW

## CHAMPION MINDSET

Developing self-motivation, purpose, resilience, pressure and stress management, and the skills to plan out and achieve all goals

TEACHER  
CENTERED

**DAY 1**

**DAY 2**

## ACADEMIC SUCCESS SECRETS

The "IB" day - organisation skills, learning strategies, IB specific research and exam skills

## AUTONOMOUS LEARNING

Bring together the previous two days into group exercise, building skills relevant to EE, TOK, Group 4, reflection and collaboration

**DAY 3**

STUDENT  
CENTERED

# AGENDA

## DAY 1

**"CHAMPION MINDSET"  
IE. AFFECTIVE SKILLS**

**9-10:30**

**Workshop 1**

Purpose & Self-Motivation

**10:30-12:30**

**Workshop 2**

Courage, Resilience and Failing Well

**13:30-16:00**

**Workshop 3**

Achieving Goals

## DAY 2

**"ACADEMIC SUCCESS SECRETS"  
IE COGNITIVE SKILLS**

**9-10:30**

**Workshop 1**

Organisational systems & managing time effectively in the IB

**10:30-12:30**

**Workshop 2**

Learning strategies for IB subjects  
Research skills

**13:30-16:00**

**Workshop 3**

Internal Assessments  
Exam Nerves, Pressure and Stress

## DAY 3

**"CHAMPION MINDSET"  
IE. AFFECTIVE SKILLS**

**9-12:30**

**Group Exercise**

"Current Social Memes - Research activity""

**13:30-16:00**

**Wrap Up**

Acing & Embracing your IBDP Journey

*GET A  
FLAVOUR FOR  
WHAT  
THIS COURSE  
LOOKS LIKE  
HERE.*



# PRICING

*IN PERSON  
DELIVERY*

**£5,000**

**10-40  
STUDENTS**

1 facilitator

**£7,500**

**40-60  
STUDENTS**

2 facilitators

**£10,000**

**60-80  
STUDENTS**

2 facilitators  
+ online staff



**THANK YOU**

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