

The DP2 Consolidation Guide: A Parent's Checklist



Summary

This guide is designed to help parents support their DP2 child during the critical "consolidation phase"—the pivotal weeks where Internal Assessments (IAs), TOK essays, and mock exam preparation converge.

At Lanterna, we understand that this is often the most stressful period of the IB Diploma. The difference between burnout and a confidence-boosting mock exam session is often organization. This checklist moves away from nagging and toward strategic support, providing a clear framework to manage deadlines and revision simultaneously.

By using this guide, you will be able to:

Audit current workloads instantly using the "IA & Core Status Tracker."

Visualize the path to mocks with a simplified, adaptable 4-Week Revision Block plan.

Monitor effectiveness using the Past Paper Accountability Grid.

Facilitate productive conversations with teachers and counselors using our "Light-Touch" Scripts.

- **Reduce household stress** by clearly separating "University Admin" from "Academic Study."



Part 1: The "State of Play" Audit (IA & Core Tracker)

Before new revision starts, existing coursework must be managed. Use this table to sit down with your child for 10 minutes and map out exactly what is outstanding.

Subject / Core Element	Current Status (Drafting, Editing, Submitted)	Hard Deadline	"Safe" Completion Date (2 days prior)
Math IA			
Science IA			
Humanities IA			
Language A IO/Essay			
TOK Essay			
EE (Final Polish)			
University Apps			



The Lanterna Tip

If more than three items are in the "Drafting" phase, prioritize finishing one completely before starting mock revision. Clearing the mental deck is crucial for focus.



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Part 2: The 4-Week Pre-Mock Strategy

Avoid vague advice like "study more." Use this framework to structure the weeks leading up to the exams.

Week 1: Content Consolidation & Gap Filling

Focus: Reviewing notes from DP1 material that hasn't been touched in months.

Goal: Identify "Red" topics (concepts completely forgotten) and turn them into "Yellow" topics.

Week 2: Active Recall & Topical Questions

Focus: Doing practice questions by topic (not full papers yet) to test specific knowledge areas.

Goal: transitioning from reading textbooks to solving problems.

Week 3: The Past Paper Simulation

Focus: Timed conditions. No phones, no music.

Goal: Building exam stamina and learning time management.

Week 4: Review & Refine

Focus: Reviewing the mark schemes of the papers done in Week 3.

Goal: Understanding why marks were lost (content error vs. phrasing error).





Part 3: The Past-Paper Scheduling Grid

Encourage your child to track quality over quantity. A low score analyzed well is better than a high score ignored.

Subject	Paper Type (P1/P2)	Date Taken	Score %	Top 3 Topics to Review



Part 4: The Wellness Non-Negotiables

During this consolidation month, the parent's primary job is **Resource Management** (Food, Sleep, Mood).

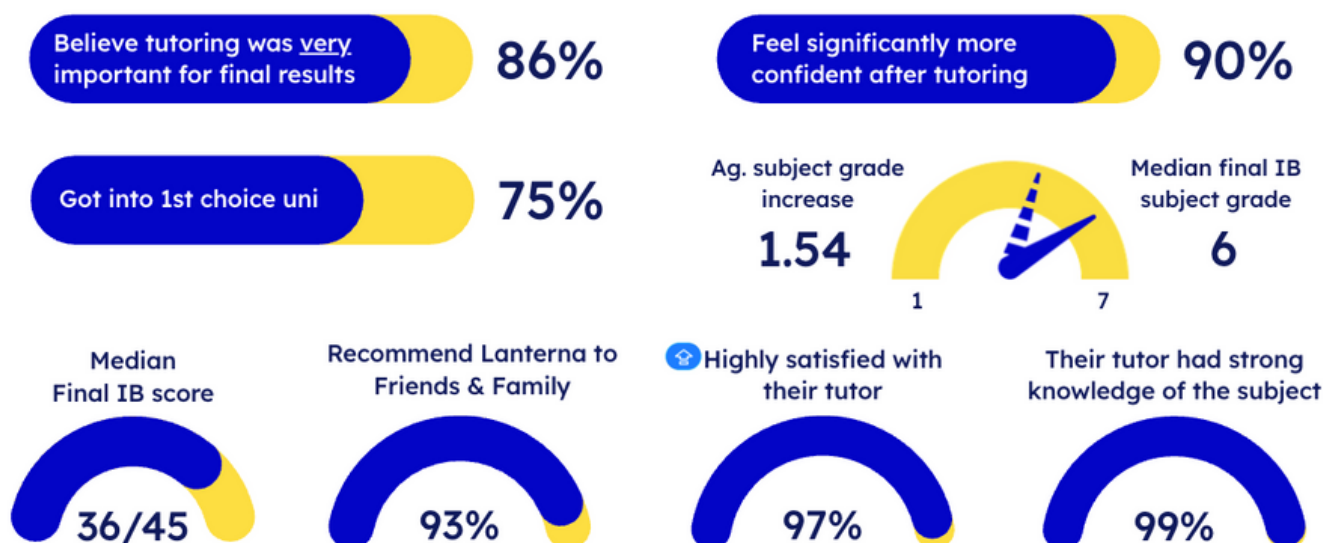
- **The "No-Fly" Zone:** No university application talk after dinner. Keep evenings for decompression or light review.
- **Sleep Bank:** Ensure the student is not "borrowing" hours from sleep to study. It backfires during exams.
- **Hydration Station:** It sounds simple, but keep a full water jug on their desk. Brain function drops significantly with minor dehydration.



Professional Support for the Final Push

For over 21 years, we at Lanterna have partnered with parents to guide over 15,000 students to success. Our data shows that Lanterna students improve their final score by an average of **1.5 points per subject**—often the difference between a safety school and a first-choice university.

Our students



Sometimes all you need is a little extra guidance to save countless hours of frustration. Lanterna's tutors are IB experts who've been exactly where you are.

More than just teaching content, they'll coach you on how to study smarter, manage your time, and build habits that lead to top marks. We've helped students go from 3s to 7s in a few months, and you can do the same with the right support.

Our 500+ IB Experts include



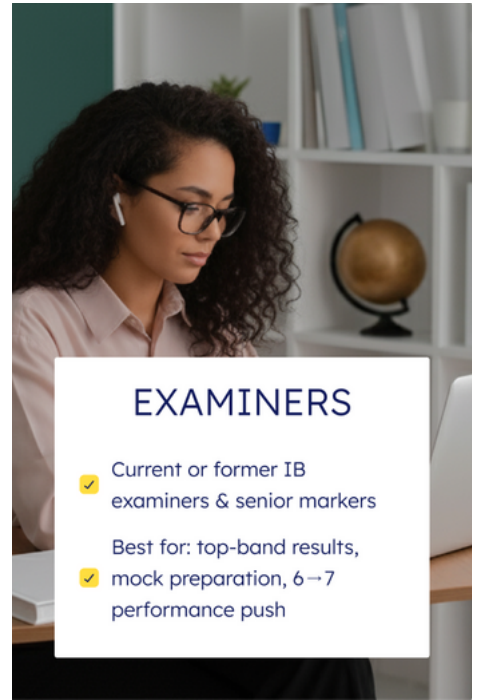
GRADUATES

- ✓ Scored 40+ in the IB and 7s in the subjects they teach
- Best for: skill-building,
- ✓ relatable mentorship, steady grade improvement



TEACHERS

- ✓ Certified educators with 10+ years' IB experience
- Best for: curriculum clarity,
- ✓ concept mastery, confidence building



EXAMINERS

- ✓ Current or former IB examiners & senior markers
- Best for: top-band results,
- ✓ mock preparation, 6→7 performance push



Who is tutoring for?

Over the course of **21+ years**, Lanterna has supported **over 15,000 IB students**. Our students on average get **1.5+ points on their final IB score per subject**, and over **75% get into their first choice uni!**

The students that benefit the most are those that:

1

If You Feel Stuck and Can't Catch Up

When you've fallen behind, it's hard to know where to start. A tutor who's recently **aced** your subject gives you focused guidance so you catch up fast, cut wasted time, and boost your chances of top grades.

2

If you're unsure how to study or tackle IAs

Not sure how to approach your IA, EE, or revision? Our tutors break everything down step by step so you know exactly what to do, avoid time-wasting, and get it right the first time.

3

If you struggle with motivation

Your problem might not be content, but how you work. With hundreds of top IB graduates, we coach you on smart habits, time management, and efficient study—not just the syllabus.

Get started with a [free consultation with one of student success experts](#) where they will give you genuine advice on how to best manage your journey. No strings attached



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We don't just assign a tutor; we match your child with the exact expertise they need.

Our 500+ IB Experts include...



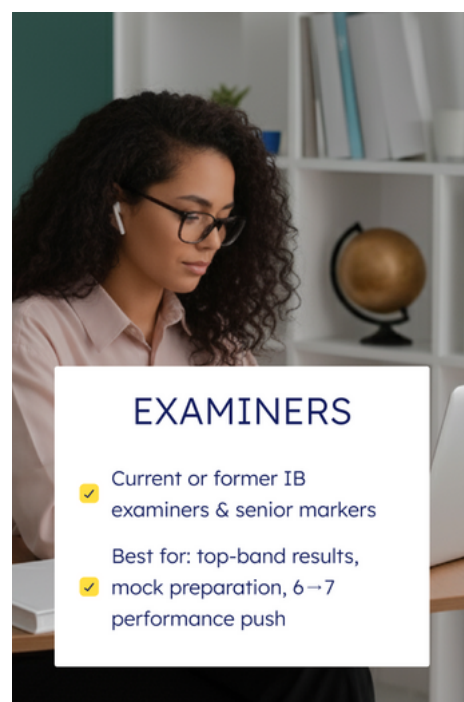
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Because of our fantastic tutors, our students...

Believe tutoring was very important for final results

86%

Feel significantly more confident after tutoring

90%

Median Final IB score



Recommend Lanterna to Friends & Family



Highly satisfied with their tutor



Get into their 1st Choice University





Which students benefit the most from tutoring?

We recognise that tutoring is not for everyone. However, from our experience (and data) the students that benefit the most are:

1

Those that are stuck and can't catch up

When they've fallen behind, it's hard to know where to start. A tutor who's recently aced their subject gives them focused guidance so they catch up fast, cut wasted time, and boost their chances of top grades.

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Those that are unsure how to study or do IAs

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