

APRIL

IB EXAM CALENDAR 2026

FLIP TO SEE TOP TIPS
FROM TOP IB TUTORS

20	21	22	23	24☀ AM Lang. & Culture SL P1 ☾ PM	25	26
27☀ AM *Lang & Lit (A) P1 *Literature (A) P1 Lang. & Culture SL P2 ☾ PM	28☀ AM *Lang & Lit (A) P2 *Literature (A) P2 Physics P1 Sports, exercise & health P1 ☾ PM	29☀ AM Physics P2 Sports, exercise & health P2 Business Management SL/HL P1 + HL P3 ☾ PM	30☀ AM Business Management P2 Computer Science P1 ESS P1 ☾ PM	1	2	3

MAY

* Except English, French & Spanish

4☀ AM Computer Science SL/HL P1 + HL P3 ESS P2 History P1 + P2 ☾ PM	5☀ AM History HL P3 *Language B P1 + P2 Read. *Ab Initio P1 + P2 Read. Latin P1 ☾ PM	6☀ AM *Language B P2 List. *Ab Initio P2 List. Latin P2 Psychology P1 ☾ PM	7☀ AM Psychology SL/HL P2 + HL P3 English A (Lit & L&L) P1 English B P1 + P2 Read. English Ab initio P1 + P2 Read. ☾ PM	8☀ AM English A (Lit & L&L) P2 English B P2 List. English Ab initio P2 List. Social & cultural anth. P1 Geography P1 Philosophy P1 ☾ PM	9	10
11☀ AM Social & cultural anth. P2 Geography P2 + P3 (HL) Philosophy P2 + P3 (HL) Biology P1 ☾ PM	12☀ AM Biology P2 Economics P2 World religions SL P1 ☾ PM	13☀ AM Economics P1 + P3 (HL) World religions SL P2 Spanish A (Lit & L&L) P1 Spanish B P1 + P2 Read. Spanish Ab initio P1 + P2 Read. ☾ PM	14☀ AM Spanish A (Lit & L&L) P2 Spanish B P2 List. Spanish Ab initio P2 List. Maths AA P1 Maths AI P1 ☾ PM	15☀ AM Maths AI P2 Maths AI P2 Chemistry P1 Design technology P1 + P2 ☾ PM	16	17
18☀ AM Chemistry P2 Design technology HL P3 Digital Society P1 Global politics P1 + P2 ☾ PM	19☀ AM Digital Soc. P2 + P3 (HL) Global politics HL P1 French A (Lit & L&L) P1 French B P1 + P2 Read. French Ab initio P1 + P2 Read. ☾ PM	20☀ AM French A (Lit & L&L) P2 French B P2 List. French Ab initio P2 List. Maths AA P3 Maths AI P3 ☾ PM	21 Congrats 🎉 You did it! Good luck on your next chapter 🍀	22	23	24

MON

TUE

WED

THU

FRI

SAT SUN

NEED HELP?

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CALENDAR NOTES

Unless stated otherwise, exams are SL & HL

Includes all subjects except **Classical Greek** and **Literature & performance**

Read. = Reading comprehension

List. = Listening comprehension



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TOP 7 TIPS TO GET 7s

FROM OUR IB TUTORS
THAT SCORED 40+



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DO (AS MANY) PAST PAPERS

IB exams are like video game levels. The more you repeat it, the easier it gets

- Spend around 1 min per mark; practice under exam conditions with a timer.
- Mark like an examiner; make your answers as similar as what is on the mark-scheme.
- Don't forget method marks! Always show your working, even if it feels obvious to you

1



MAKE A REALISTIC PLAN

You want to make sure you don't crash out. But you also don't want to fail.

- Schedule backwards from exam dates so you cover everything in time.
- Break your prep into daily/weekly checklists you can actually finish. WITH BREAKS
- On exam days keep it easier.
- Stick to a steady pace so you avoid last-minute cramming and stress.

2



FOCUS ON YOUR MISTAKES

Don't spend time on the questions you constantly get correct. Be efficient.

- Keep an error log: Question → why wrong → how to get it right.
- Tag your errors: content / misread / command term / careless.
- Convert to flashcards: front = trap, back = correct method
- Re-sit the same questions over until you're always getting them right

3



USE THE RIGHT RESOURCES

Don't spend time hunting through Reddit—use our curated, exam-specific guides.

At Lanterna we have gotten all our best tutors to compile Their insights, strategies, and tips for getting 7s in the specific subjects. It includes:

- The best websites, YouTube channels, books, and other resources to use for revision
- Paper-by-paper specific tips and checklists you can follow.
- Advice from our expert tutors that got a 7 in the HL subject they are talking about

Math AA, Math AI, Biology, Physics, Chemistry, Economics, ESS, English A, Business Management, and many more...



4

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lantr.la/exam



SEEK HELP WHEN NEEDED

Targeted help compresses months into weeks.

- Book a **free** consultation with our IB Student Success team to map your path to a 7 – visit lanterna.com
- Get private online tutoring with top IB graduate tutors, expert IB teachers, or real IB Examiners.
- It is never 'too late' to get started. Students start seeing improvements after just 1 week.

7



SLEEP. SLEEP. SLEEP.

Consider sleep as part of your revision. Your brain consolidates information while you sleep.

- Set a consistent bedtime / wake up time. Aim for 8 hours of sleep.
- Create a bedtime routine of doing a quick brain dump / flashcards
- Avoid using your phone for 60 mins before going to sleep.
- The night before the exam, wind down before 10 PM.
- Don't pull all nighters—please

6



MAINTAIN A BALANCED LIFE

Don't let the exam stress consume your entire life. Prioritize the important things.

- Schedule consistent regular exercise (even 20–30 min) to clear your head.
- Set time aside for healthy activities you enjoy (music, sports, hobbies, hanging out with friends)
- Don't let your phone consume your free time. Delete TikTok
- Protect **one** non-study block daily so you don't burn out

5